



TERM 4 COURSE GUIDE 2021

COURSE ENROLMENT

YOU MUST BE A CURRENT FINANCIAL MEMBER TO ENROL IN ANY CLASSES

ENROLMENTS COMMENCE 10.00 am TUESDAY 14 SEPTEMBER 2021

ENROL ONLINE, BY EMAIL OR BY LEAVING A TELEPHONE MESSAGE

Please note:

1. For information about how to enrol via MyU3A, see the section entitled Enrolment Information at the end of this list.
2. If you have renewed your membership for 2021, you can **enrol online** at www.u3amelbcity.org.au/myu3a or by **emailing the Members' Centre** or **leaving a telephone message** from **10.00 am on 14 September 2021**.
3. For all information about membership, enrolment and courses, please see our website www.u3amelbcity.org.au or contact our Members Centre.
4. Some classes have a waiting list or are subject to tutor approval before enrolment.
5. Once enrolled in a class, you will be notified by email.
6. Course Content Disclaimer: All material presented in classes is at the discretion of the tutor/group leader and does not necessarily reflect the views of U3A Melbourne City. Members are solely responsible for the choices they make. Course summaries indicate the content to be covered; members should seek clarification from the tutor if required.
7. Tutors may cancel classes during the year for personal reasons
8. The minimum number of participants for any face-to-face class to run is 8.

To become a member of U3A Melbourne City you can join and pay your membership online at www.u3amelbcity.org.au/myu3a . If you do not have a computer, or are not confident with these procedures, you can email us or leave a telephone message and our friendly Office Staff will assist you to complete your enrolment.

COVID SAFE OPERATIONS

Given the current Victorian Government restrictions only online classes can be offered until further notice. For more information about Government COVID-19 restrictions see the Department of Health website's [Coronavirus pages](#).

THE MEMBERS' CENTRE

The Members' Centre is **closed** until further notice. In the meantime you can contact the office by email or by leaving a telephone message.

Members Centre:
Suite 1, Level 5
168 Lonsdale Street
Melbourne VIC 3000

citymelb@u3a.org.au
www.u3amelbcity.org.au
Tel: 9639 5209
ABN 84 932 435 817

Mailing address:
P O Box 24149
111 Bourke Street
Melbourne VIC 3001

TERM 4 SHORT COURSES

Members are solely responsible for their own level of participation in any exercise, performance or activity, especially where physical ability and health status are concerned.

Note: Courses are listed alphabetically; unless otherwise stated, all courses are weekly.

Course Title and Tutor	Description	Timetable	Conditions
Financial fiascos and Felonious figures Tutor: Tony Georgeson 	Our Modern History is littered with financial Fiascos. These are 'mysterious events', difficult to understand even in hindsight. The South Sea Bubble is famous for the financial damage and social disruption for England which resulted. John Law's Mississippi Bubble was an even greater financial catastrophe for France. Tulipomania is more difficult to assess. Then three waves of Mania swept through Britain from 1830. It was all about 'Iron Roads'. For more detail see Tony's website	Mode: ZOOM ONLY Day: Wednesday Time: 10.00 - 11.30 No. of sessions: 8 Dates: 6 October - 24 November	Enrolment cut-off: admission at any time with tutor approval Max students: 25
French Through Song Tutor: Jonathan Melland	Répétition without tears - encore! Christmas carols and other seasonal favourites. Sing along together to YouTube accompaniment, painlessly increasing your French vocabulary and practising pronunciation and sentence structures.	Mode: Face to face if possible, otherwise Zoom Day: Monday Time: 10.30 am – 12.00 pm No. of sessions: 4 Dates: 1 November – 22 November Location: Welsh Church if permitted under restrictions.	Prerequisites: Some prior French study essential, but not a lot, say 50-100 hours' tuition. Class materials: Bilingual lyric sheets e-mailed for printing or reading on mobile phone. Max students: 12
Fulfilment in Isolation/Retirement Tutor: Ian Marchment	This will be an interactive afternoon. It will help you create focus for the years ahead and set a number of realistic goals. Some of the issues we will look at are: <ul style="list-style-type: none"> • Are you asset rich and cashflow poor? • Do you need to downsize your property in the next 5 years? • Do not underestimate the value of volunteering. • How to deal with baggage we all carry. • Have you reached your full potential? 	Mode: Face to Face – if possible under restrictions at time Day: Tuesday Time: 2.30 - 4.30 pm No. of sessions: 1 Date: 23 November Location: Greek Centre Room 2.1	Max students: 10

Course Title and Tutor	Description	Timetable	Conditions
	<ul style="list-style-type: none"> • Are you enjoying social interaction you need? Fulfilment in Isolation provides valuable insight into areas of your life that need attention, to bring about a better balance overall. DISCLAIMER: None of the information provided or any opinion expressed in this course constitutes personal financial advice.		
Intrepid Travellers – Women trailblazers Tutor: Margaret Smith 	Each week the class will study one intrepid traveller: Isabelle Bird, Freya Stark, Dervla Murphy and Harriet Chalmers Adams.	Mode: ZOOM only Day: Wednesday Time: 10.00 am - 12.00 pm No. of sessions: 4 Dates: 20 October - 10 November	Prerequisites: Simply enthusiasm for reading and travel, and an interest in history and geography. Max students: 12
Off the Beaten Track Part 2 Convenor: Russell Huntington	Following the initial short course in Term 2, four of the course participants have decided to offer a sequel. The presenters (Russell Huntington, Wendy Katz, John Stone and Paul Wilkinson) will take you to some off the beaten track locations drawing on their own travel experiences. Over five weeks two locations will be explored in each session including the Chilean Atacama Desert, walking in northern Honshu, the Canadian back blocks, Bhutan, Jordan, Swiss Engadine, Russia, Syria, Italian Puglia and Papua New Guinea. Participants will be invited to share their best photo of any of these locations that they have visited.	Mode: ZOOM ONLY Day: Wednesday Time: 12.00 - 1.30 pm No. of sessions: 5 Dates: 6 October - 3 November	Max students: 40
Pathology Explained - Revised edition. Tutor: Julie Ryan	Pathology is a medical specialty with many doctors, scientists and laboratory personnel involved. This simple language course will shed light on aspects of the discipline in 8 sessions. Questions are welcome throughout to the tutor who has an extensive scientific background	Mode: ZOOM ONLY Day: Thursday Time: 10.00 - 11.30 am No. of sessions: 8 Dates: 7 October - 25 November	Enrolment cut-off: No admission after 7 October Max students: 25
Positive Psychology Tutor: John Besley	Positive Psychology is a new branch of psychology which emphasises human well-being. It is evidence based and the class will be interactive. Members are encouraged to participate in class	Mode: ZOOM ONLY Day: Tuesday Time: 10.00 - 11.30 No. of sessions: 4 Dates: 5 October - 26 October	Class materials: Students to have available a copy of the book <i>Flourish</i> by Martin Seligman, 2012 William Heinemann Australia

Course Title and Tutor	Description	Timetable	Conditions
	discussions and undertake practice at home. It is hoped that members will gain a higher level of well-being through the application of the strategies studied.		Max students: 12
Researching & Writing Your Family's Story Tutor: Maureen Fastenau	Every family has wonderful stories to tell—all of us, and each of our ancestors, is a chapter in an amazing family saga of survival, resilience, and sorrows and triumphs, small and large. Every family is owed the story of its incredible journey through history. And, you can research it and write it!! This course is designed for you whether you are at the beginning of your search for your family's past and wanting to learn how to research your family tree. And it is also for you if you are already well advanced in creating your family tree and now yearn to know more than names and dates of your ancestors, and want to learn how to you can turn this basic information into your family's story.	Mode: ZOOM ONLY Day: Friday Time: 11.30 am - 1.00 pm No. of sessions: 8 Dates: 8 October - 26 November	Enrolment cut-off: No admission after 15 October Max students: 12
To Russia with Love - The Russian Avant Garde Artists in Paris and Russia's Great Arts Patrons Tutor: Sharon Carter	Travel to Russia in the late 19th Century to learn about the avant-garde artists who moved to Paris including Chagall and Kandinsky. With a backdrop of WW1 and the Russian Revolution we take a deeper dive into the Russian art patrons of Sergei Shchukin, Ivan Morozov who were buying Monet, Gauguin, Van Gogh, Matisse and Picasso to bring back to their Moscow mansions. We will have a night at The Opera Garnier in Paris under Chagall's ceiling with a final day at The Ballet Russe with its founder Sergei Diaghilev.	Mode: ZOOM ONLY Day: Wednesday Time: 2.30 - 4.00 pm No. of sessions: 3 Dates: 13 October - 27 October	Enrolment cut-off: No admission after 13 October Max students: 40
WAYS OF SEEING - An Introduction to Drawing Tutor: Sharyn Barkl	"WAYS OF SEEING - An Introduction to Drawing" is designed to increase visual perception. We will be defining some of the basic principles of drawing which include line, shape, form, proportion and tone. There will be drawing exercises and	Mode: ZOOM, face-to-face if it becomes possible. Day: Friday Time: 10.00 - 11.30 No. of sessions: 8 Dates: 8 October - 26 November	Prerequisites: No prerequisites except to have an open and curious mind! Class materials: Students to bring an A4 sketchbook, 2B 4B 6B pencils, pencil sharpener,

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Course Title and Tutor	Description	Timetable	Conditions
	demonstrations using objects that are familiar to us. The course is intended to be an introduction to increase your appreciation and knowledge of the visual experience that is drawing.		eraser. Other materials may be required later. Enrolment conditions: Enrolment cut-off: No admission after 8 October Max students: 8



Enrolment information Term 4 2021

1. Enrolments open at **10.00 am on Tuesday 14 September 2021**
2. You can enrol for courses online via MyU3A, accessible from <http://www.u3amelb.org.au/myu3a-portal>. Follow the following steps:
 - a. After logging in click on **Classes 2021** twice, then
 - b. Click on the day of the week for the class you wish to enrol in.
 - c. Tick the checkbox for the class you want and then
 - d. **SCROLL ALL THE WAY TO THE BOTTOM OF THE PAGE** and click on **Next**.
 - e. Check the Class Status page to ensure your selection worked.
3. If you are unable to enrol online, please email citymelb@u3a.org.au or call us on (03) 9639 5209 and office staff will attend to your request as soon as possible.
4. Short Course held via Zoom
 - a. Shortly before the commencement of classes members enrolled in a Zoom class will receive an email that includes the Zoom link.
 - b. Please refer to [the Participants Guide on](#) the U3A Melbourne City website for how to use Zoom.
 - c. For further information about Zoom you can visit the [Zoom website](#).

MEMBER ETIQUETTE REMINDERS

- ❖ You should familiarise yourself with the U3A Melbourne City [Code of Conduct](#) and abide by it at all times.
- ❖ All course enrolments must be done online or through the office. Do not attend a class and ask the tutor to enrol you.
- ❖ When you enrol in a course, put the start date in your diary or calendar so you do not forget.
- ❖ If you are on a waiting list, wait for the office to call you regarding a vacancy.
- ❖ If you change your mind about a course, or no longer wish to attend, cancel your enrolment online or let the office know so that someone on the waiting list can take your place.
- ❖ If you cannot attend a class, record your apology online via MyU3A or let the office know. You will **lose your place** in a course if you miss three consecutive classes without apology. Our email: citymelb@u3a.org.au
- ❖ Turn off or make silent your mobile phone at the start of a class. Do not disrupt the class by taking calls.
- ❖ Ask the tutor about materials and copying costs at the first session and be prepared to pay your share without having to be asked.
- ❖ Always wear your U3A Melbourne City identification when attending classes.
- ❖ Respect other users of the rooms – do not push in early, or linger in corridors, if new occupants are waiting.
- ❖ Remember that in some venues there are offices where people are working – keep noise levels down both in class and whilst you are waiting to enter a room.
- ❖ ALWAYS be courteous to venue staff and Do NOT act on behalf of U3A if there are problems with a room. This is the responsibility of the tutor in conjunction with the office or course coordinator.